

## ISTN-4 Provisional Schedule

INQYR is made up of five Regional Networks located in Canada, the United States of America, Mexico, the United Kingdom, and Australia. To accommodate the wide range of time zones in these locations, the timing of ISTN activities varies and some sessions may occur at unusual times.

**Attending ISTN webinars live is mandatory, but we realize that this may not always be possible. It is expected that ISTN students catch up on any missed webinars by watching the recording in our webinar portal.** Tea Chats are not recorded. There are two orientations to accommodate time zone differences; **you only need to attend one.**

These schedules for year 1 of the ISTN are provisional and subject to change.

### Canada and USA Timings (EST/EDT)

Activity	Date	Time
Orientation	Thursday September 5 <sup>th</sup> , 2024	3pm-4:30pm EDT
	Friday September 6 <sup>th</sup> , 2024	7am-8:30am EDT
Webinar	Thursday October 3 <sup>rd</sup> , 2024	11am-1pm EDT
Tea Chat	Thursday November 7 <sup>th</sup> , 2024	9pm-11pm EST
Webinar	Friday December 6 <sup>th</sup> , 2024	10am-12pm EST
Tea Chat	Friday January 10 <sup>th</sup> , 2025	11am-1pm EST
Webinar	Thursday February 6 <sup>th</sup> , 2025	8pm-10pm EST
Tea Chat	Thursday March 6 <sup>th</sup> , 2025	4am-6am EST
Webinar	Friday April 4 <sup>th</sup> , 2025	11am-1pm EDT
Tea Chat	Friday May 2 <sup>nd</sup> , 2025	9am-11am EDT
Webinar	Thursday June 5 <sup>th</sup> , 2025	9pm-11pm EDT

## Mexico Timings (CST\*)

Activity	Date	Time
Orientation	Thursday September 5 <sup>th</sup> , 2024	1pm-2:30pm CST
	Friday September 6 <sup>th</sup> , 2024	5am-6:30am CST
Webinar	Thursday October 3 <sup>rd</sup> , 2024	9am-11am CST
Tea Chat	Thursday November 7 <sup>th</sup> , 2024	8pm-10pm CST
Webinar	Friday December 6 <sup>th</sup> , 2024	9am-11pm CST
Tea Chat	Friday January 10 <sup>th</sup> , 2025	10am-12pm CST
Webinar	Thursday February 6 <sup>th</sup> , 2025	7pm-9pm CST
Tea Chat	Thursday March 6 <sup>th</sup> , 2025	3am-5am CST
Webinar	Friday April 4 <sup>th</sup> , 2025	9am-11am CST
Tea Chat	Friday May 2 <sup>nd</sup> , 2025	7am-9am CST
Webinar	Thursday June 5 <sup>th</sup> , 2025	7pm-9pm CST

**\*Note:** Mexico does not use daylight savings time, so these timings may not correspond with central time in Canada and the USA.

## UK Timings (BST/GMT)

Activity	Date	Time
Orientation	Thursday September 5 <sup>th</sup> , 2024	8pm-9:30pm BST
	Friday September 6 <sup>th</sup> , 2024	12pm-1:30pm BST
Webinar	Thursday October 3 <sup>rd</sup> , 2024	4pm-6pm BST
Tea Chat	Friday November 8 <sup>th</sup> , 2024	2am-4am GMT
Webinar	Friday December 6 <sup>th</sup> , 2024	3pm-5pm GMT
Tea Chat	Friday January 10 <sup>th</sup> , 2025	4pm-6pm GMT
Webinar	Friday February 7 <sup>th</sup> , 2025	1am-3am GMT
Tea Chat	Thursday March 6 <sup>th</sup> , 2025	9am-11am GMT
Webinar	Friday April 4 <sup>th</sup> , 2025	4pm-6pm BST
Tea Chat	Friday May 2 <sup>nd</sup> , 2025	2pm-4pm BST
Webinar	Friday June 6 <sup>th</sup> , 2025	2am-4am BST

## Australia Timings (AWST)

Activity	Date	Time
Orientation	Friday September 6 <sup>th</sup> , 2024	3am-4:30am AWST
	Friday September 6 <sup>th</sup> , 2024	7pm-8:30pm AWST
Webinar	Thursday October 3 <sup>rd</sup> , 2024	11pm-1am AWST
Tea Chat	Friday November 8 <sup>th</sup> , 2024	10am-12pm AWST
Webinar	Friday December 6 <sup>th</sup> , 2024	11pm-1sm AWST
Tea Chat	Saturday January 11 <sup>th</sup> , 2025	12am-11am AWST
Webinar	Friday February 7 <sup>th</sup> , 2025	9am-11am AWST
Tea Chat	Thursday March 6 <sup>th</sup> , 2025	5pm-7pm AWST
Webinar	Friday April 4 <sup>th</sup> , 2025	11pm-1am AWST
Tea Chat	Friday May 2 <sup>nd</sup> , 2025	9pm-11pm AWST
Webinar	Friday June 6 <sup>th</sup> , 2025	9am-11am AWST